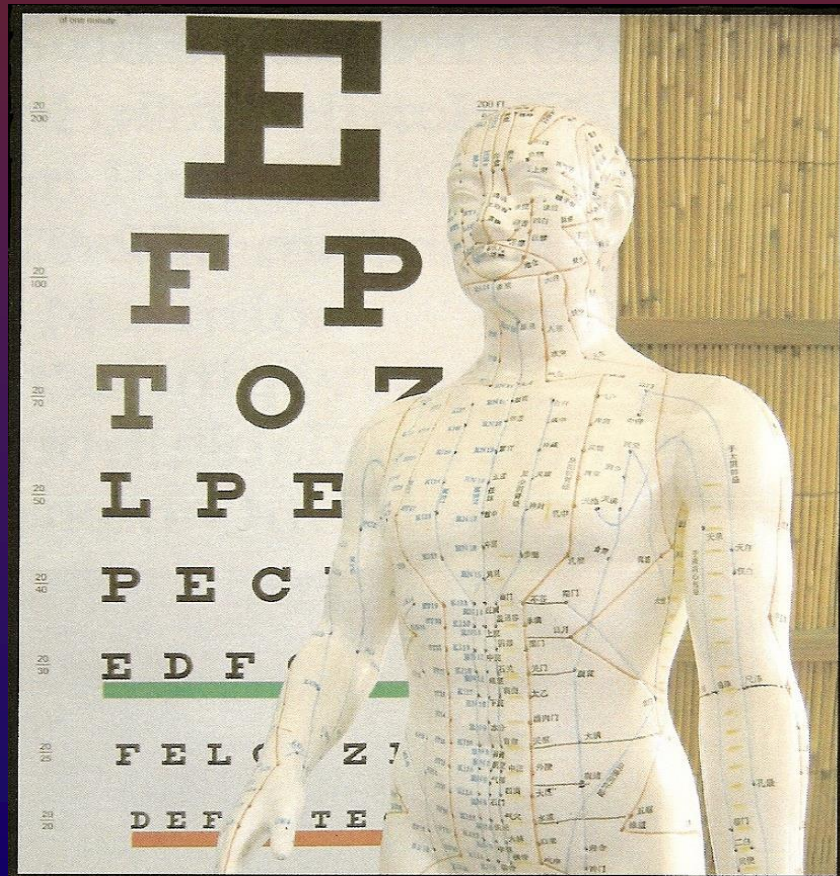




# Healing the Eyes with Chinese Medicine & Naturopathic Medicine



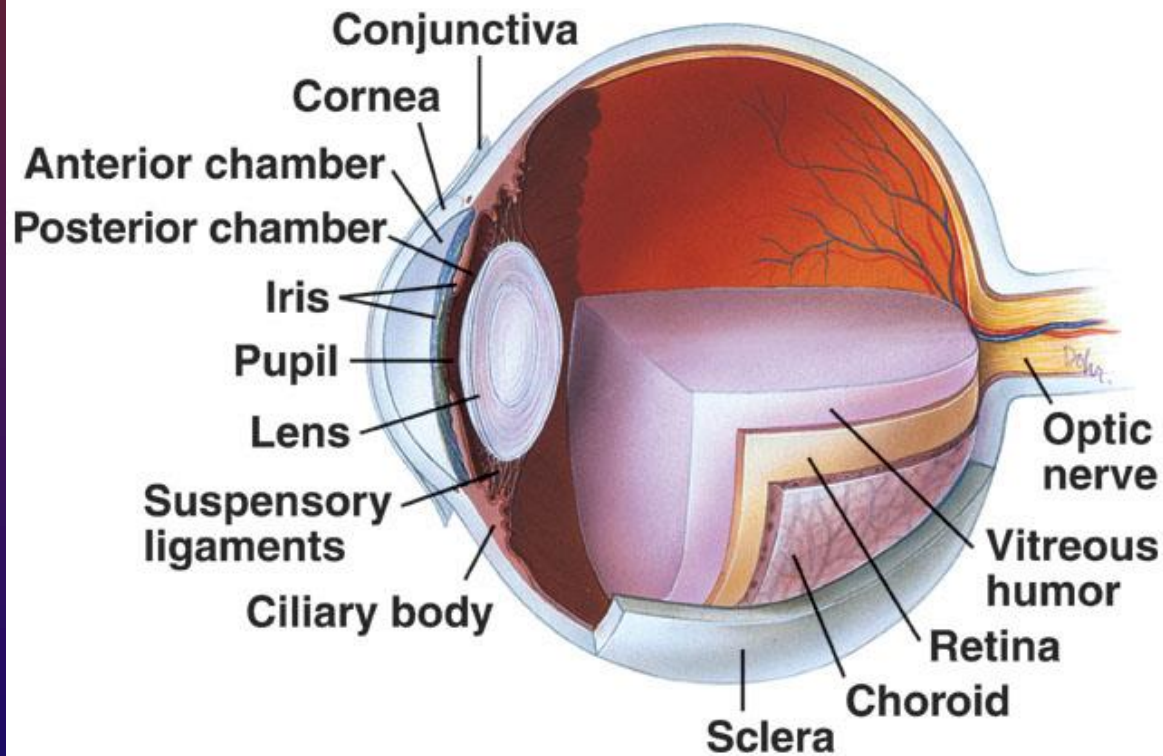


# AcuVision

- ❖ Developed by Dr. Rosenfarb in the late 1990's.
- ❖ Culmination of more than 18 years of clinical research and observation.
- ❖ Combines Chinese Medicine & Naturopathy
- ❖ Incorporates unique styles of Acupuncture.
- ❖ Constantly Evolving System to Improve Outcomes
- ❖ Goal is to IMPROVE and PRESERVE vision.
- ❖ We are one of two doctors in the country to have taken all of Dr. Rosenfarb's vision classes.

# Your Eye

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# Common Eye Conditions Treated

- ❖ Macular Degeneration (wet & dry)
- ❖ Stargardt's Syndrome
- ❖ Glaucoma
- ❖ Retinitis Pigmentosa
- ❖ Usher's Syndrome
- ❖ Optic Neuritis (MS)
- ❖ Optic Nerve Atrophy
- ❖ Diabetic Retinopathy
- ❖ Dry Eyes
- ❖ Blurry Vision
- ❖ Nearsighted & Farsighted
- ❖ Migraine Headaches
- ❖ Computer Eye Syndrome
- ❖ Floaters



# What Causes of Failing Vision?

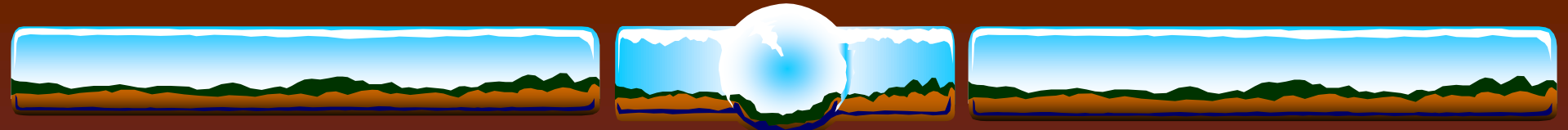
- ❖ Genetic Predisposition
- ❖ Trauma/ Injury/ Illness
- ❖ Drugs/Medications
- ❖ Metabolic Imbalances
- ❖ Poor Nutrition
- ❖ Eye Strain
- ❖ Epigenetic Stress Factors
- ❖ Poor Circulation
- ❖ Systemic Disease





# Toxic Internal Environment

- ❖ High CO<sub>2</sub>/ Low O<sub>2</sub>
- ❖ Acidity
- ❖ Microbes/Infections
- ❖ Autoimmune/ Inflammation
- ❖ Metabolic Waste
- ❖ Heavy Metals
- ❖ Oxidative Stress
- ❖ Pesticide, Pollution, Chemical, Hormones, GMO's



# Some Common Conditions & Their Underlying Causes

## ❖ Macular Degeneration

- Cardio Vascular Disease

## ❖ Glaucoma

- Metabolic Dysfunction, ANS Dysfunction, AI

## ❖ Retinitis Pigmentosa/Ushers/Stargardts/RCD

- Auto Immune, Infections, Immune Dysfunction



# Conventional Medicine

- ❖ The eye is diagnosed and treated as an isolated organ pathology.
- ❖ Decline of vision is said to be a “natural process,” that can either stabilize or get worse.







# Conventional Approaches for Eye Disease

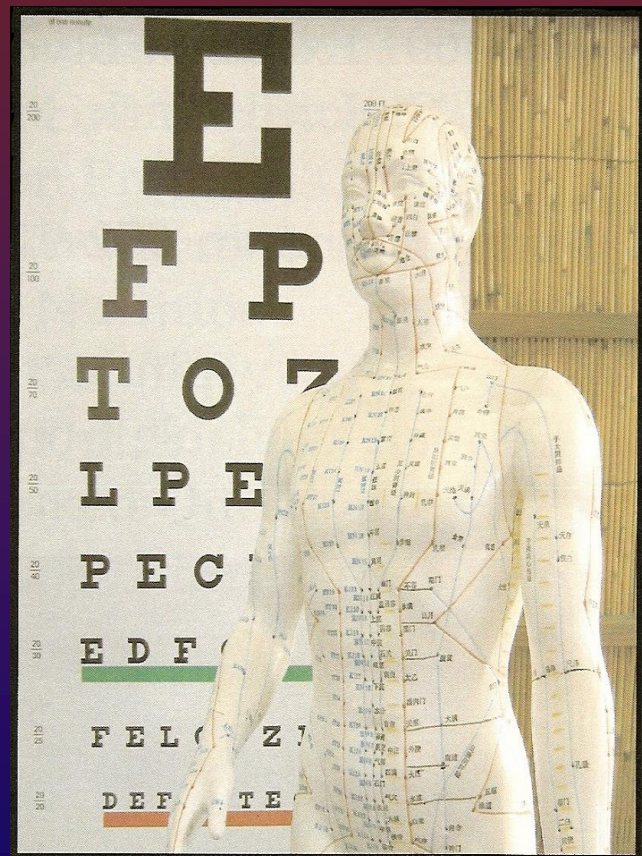
- ❖ “Corrective” Glasses & Contacts Lenses
- ❖ Medications
- ❖ Surgical Procedures
- ❖ “Wait and *See* What Happens...”





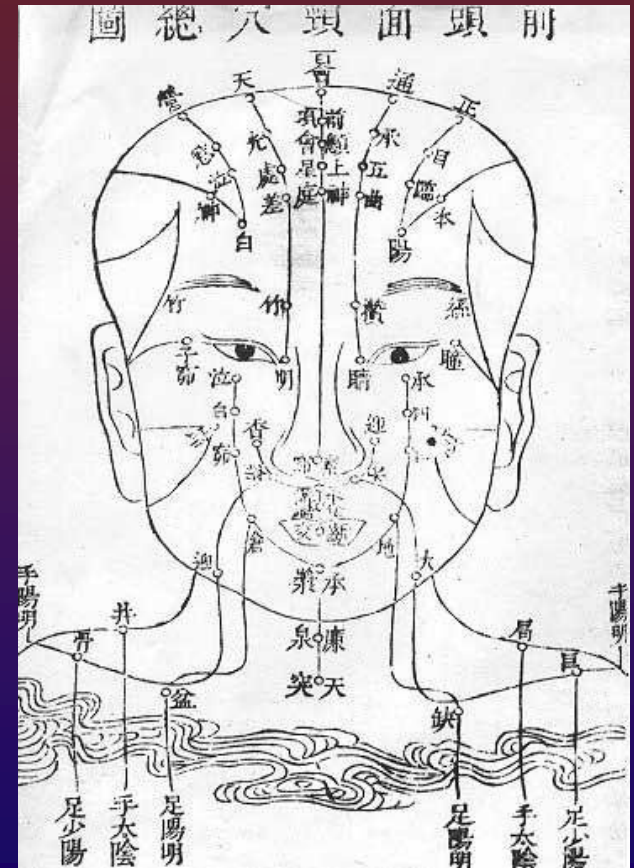
# Chinese Medicine Approach

- ❖ Deals with the body as a whole, rather than in individual “parts.”
- ❖ Everything is “connected,” and vision can be influenced by all organs in the body.
- ❖ According to Chinese Medicine, most eye disease is related to Liver and/or Kidney dysfunction .
- ❖ AcuVision holistic approach



# Chinese Medicine Healing Modalities

- ❖ Acupuncture / Electro
- ❖ Chinese Herbs
- ❖ Eye Exercises
- ❖ Nutrition & Supplementation
- ❖ Micro current Stimulation
- ❖ Functional Medicine and Detox



# Micro Acupuncture 48

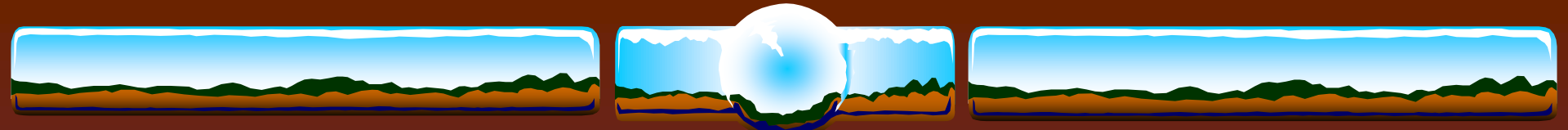
- ❖ Micro Acupuncture™ developed in Europe in the early 1980's for degenerative eye conditions.
- ❖ 48 newly discovered acupuncture points located on the hands and feet.
- ❖ Clinical research has shown +85% effective for most cases of degenerative vision loss.





# How Acupuncture Helps Vision

- ❖ Increases Blood Flow the eye (O<sub>2</sub>, food, toxins)
- ❖ Stimulates Nerve Cells
- ❖ Charges Dormant Retinal Cells
- ❖ Regulates the Autonomic Nervous System
- ❖ Promotes a Parasympathetic Response
- ❖ Treats BOTH eye condition & underlying cause

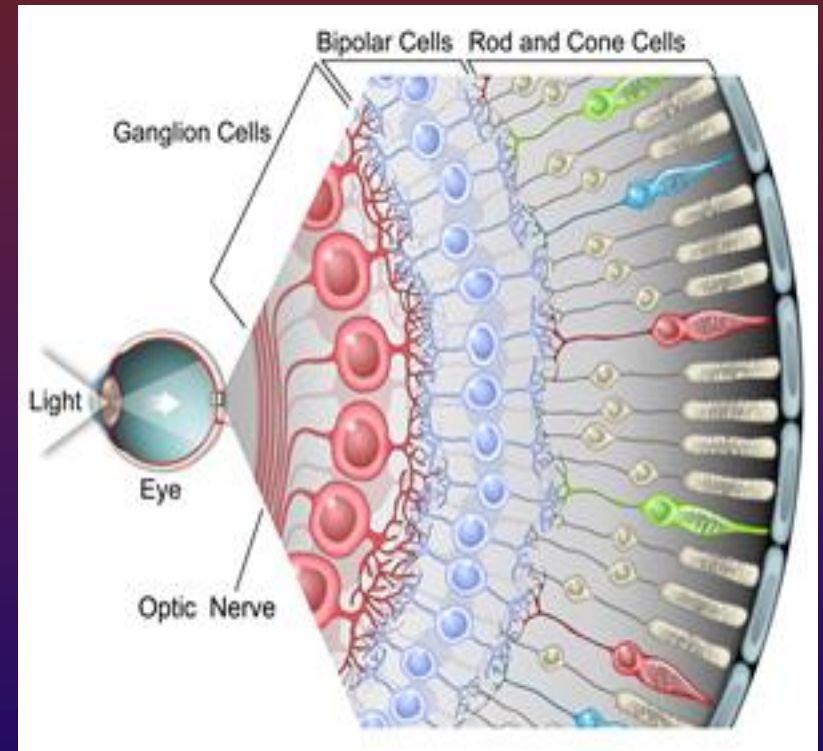


# Primary Objectives for Preserving Vision

- ❖ Improve Circulation
- ❖ Stimulate Retinal & Optic Nerve Cells
  
- ❖ Decrease Inflammation
- ❖ Balance Oxidative Stress
- ❖ Identify & Manage other Causative Factors

# 4 Stages of Nerve Cell Function

- ❖ 1- Normal
- ❖ 2- Dormant
- ❖ 3- Damaged/Abnormal
- ❖ 4- Dead/Scar Tissue/Fibrosis





# Stress and Vision

- ❖ Internal or External Stress
- ❖ Stress Changes Brain & Neuro Function
- ❖ Acute & Prolonged Stress changes biochemistry which can accelerate degenerative conditions
- ❖ Overanalyzing (Stress) causes Brain State of High Beta which impairs regeneration and promotes degeneration.  
“Analysis Paralysis”





# Managing Stress

- ❖ Meditate to Transcend: Body, Environment & Time
- ❖ Exercise Daily & Get Proper Rest
- ❖ Identify External Stress Factors
- ❖ Practice Mindfulness
- ❖ Identify negative thought patterns
- ❖ Form a positive Support Group
- ❖ You can't OBSERVE and BE at the same time.
- ❖ Reduce Stimulants
- ❖ Be Good to Yourself!



# The AcuVision Program

- ❖ Initial 10 sessions to determine rate of response
- ❖ Pre and Post Testing is Critical
- ❖ Acupuncture Therapy – 2x per week minimum
- ❖ Can do acupuncture 2x per day for 5 days to achieve faster results
- ❖ Herbs and Supplements
- ❖ Home Care Instructions
- ❖ Maintenance Follow Up (home and/or here)



# Phases of AcuVision Treatment

- ❖ Recharge and Recover:

- ❖ Arouse & Recharge Dormant Nerve Cells

- ❖ Repair & Regenerate

- ❖ 8-15 Months where we regrow/heal healthy cells

- ❖ Preserve & Maintenance

- ❖ Long-Term Maintenance & Preservation of Vision



# What Can Effect the Outcome?

- ❖ How advanced the condition is
- ❖ Degree of emotional stress
- ❖ Other co-existing conditions
- ❖ Desire to receive treatment
- ❖ Compliance with treatment and supplements
- ❖ Sleep and Adequate Rest
- ❖ Smoking, Alcohol, Drugs (Rx and Non-Rx)
- ❖ Malnutrition



# Home Care

- ❖ Supplements – CONTINUE AFTERWARD
- ❖ Micro Current Stimulation
- ❖ Healthy Diet
- ❖ Rest & Recovery
- ❖ Regular Exercise – Stretch, Cardio, Resistance
- ❖ Manage Emotional Stress
- ❖ Qigong Eye Exercises & Meditation



# AcuVision Diet

- ❖ Food Allergy Testing
- ❖ Eliminate Gluten, Sugar and Grain Carbs
- ❖ Consume more color vegetables
- ❖ Consumer more GOOD fats!
- ❖ Eliminate Trans fats, fried/greasy foods!
- ❖ Add more protein



# CALL NOW!!

- ❖ **Complementary consultation** to answer all of your questions
- ❖ Normally consultations are \$300
- ❖ Consultations are limited, so schedule now!!

Call 727-437-8582

THANK YOU!

